

Curriculum 2022-2023

Building blocks and projects	Activities Year 1 <i>Propaedeutic phase</i>	Activities Year 2 <i>Main phase</i>	Activities Year 3 <i>Main phase</i>	Activities Year 4 <i>Graduation phase</i>
Dance Skills Training	<p>CO</p> <ul style="list-style-type: none"> - Ballet - Floor - Graham - Cunningham - Limon <p>CU</p> <ul style="list-style-type: none"> - Ballet - Floor - Graham - Afro - Physical Dynamics - Foundation different styles 	<p>CO</p> <ul style="list-style-type: none"> - Ballet - Limon - Cunningham - Graham - Floor - Physical dynamics <p>CU</p> <ul style="list-style-type: none"> - Ballet - Floor - Afro - Modern - Physical Dynamics - Breakdance 	Students select a minimum of 4 training courses and can choose from: <ul style="list-style-type: none"> - Ballet - Urban - Contemporary - Embodied Practices 	
Sustainable Learning	<ul style="list-style-type: none"> - Yoga - stamina - Pilates - Working healthy - Anatomy 	<ul style="list-style-type: none"> - Yoga - Stamina 	Personal Coaching	Personal Coaching
Research & Creation Labs	<p>Dance in Context Lab</p> <ul style="list-style-type: none"> - Artistic Research & Dramaturgy sessions - Dance Creation Workshops - Personal Cosmologies self-study - Cosmologies Creation 	<p>Co-Creation Lab</p> <ul style="list-style-type: none"> - Artistic Research & Dramaturgy session - Co-Creation Studio 	<p>Practice Based Study Lab</p> <p>Students write a proposal for an individual practice based study</p> <p>Dance & Solo research & creation lab Dance & public space Dance & technology Dance & Interdisciplinarity Dance & Circus Dance & Performance Practices Dance & Identity Carte Blanche Project</p>	Practice Based Study Lab Execution of the proposal, including practice based research, writing an essay and mentorship
Theory <i>(includes lectures, tutorials, self-study, mostly planned in conjunction with other activities)</i>	<ul style="list-style-type: none"> - Dance History - Street Styles - Body as ... 	<ul style="list-style-type: none"> - Dance in society - Club cultures - Decoloniality in dance lectures 		
Performance Practices	<p>CO</p> <ul style="list-style-type: none"> - Physical Theatre - Instinctive Performance - Improvisation - End Performance <p>CU</p> <ul style="list-style-type: none"> - Physical Theatre - Instinctive performance - Improvisation - Geomatrix awareness - Waving - Popping - End performance 	<p>CO</p> <ul style="list-style-type: none"> - Performance Studies Intensives - Physical Theatre - Improvisation - Making Space - End Performance <p>CU</p> <ul style="list-style-type: none"> - Physical Theatre - Instinctive Performance - Improvisation - House - Motion lab - Sessie - Making Space - End Performance 	See projects	Graduation Solo
Intensives	Repertoire workshops	Repertoire workshops	Repertoire workshops	
Multidisciplinary FHK week	Theme Week	Arts meets Arts Week		
Free Choice			Students spend half of their study time in year 3 on a self-organized study program	
Projects of choice			Students select 2 of the following projects: <ul style="list-style-type: none"> - Solo Research & Creation Lab - Dance & Public Space - Dance & Technology - Dance & Interdisciplinarity - Performance Practices CO - Performance Practices CU - Dance & Identity 	Students can also participate as interns in projects organized by the FDA, such as Fremkorper or projects with regional choreographers.
Internship				<ul style="list-style-type: none"> - Practical work - Coaching - Reflection report - Interview

The curriculum is evaluated every year with the students and teachers. We then make adjustments and improve the curriculum every new school year.