

## TIPS FROM STUDENTS FOR STUDENTS



We, fellow students, know better than anyone what it is like to have to study in this day and age. That's why we have wrote down some tips for you. Because in these insecure times we have to be there for each other!

- Make sure you have a spot at home that becomes your work space, so that you really associate this place with studying.
- Arrange a joint daily check-in with a number of fellow students to discuss how things are going and what your personal goals will be for the day. At the end of the day you can also arrange a check-out.
- 3 Apps can help you stay focused on your studies.
- Set yourself some realistic personal goals per day and share them with a fellow student or a lecturer if possible.

  At the end of the day, see what has been accomplished and what has not. Set priorities and formulate new goals for the next day.
- Set yourself (preferably short) deadlines and share them with the teacher(s) concerned so they can hold you to it. This is especially important if there are no tests that function as a 'natural deadline'.
- 6 Keep a close eye on the Fontys portal and your (Fontys)mailbox. Make sure you stay well informed in this way.
- 7 Is something not clear? Communicate and share this signal with a lecturer of the study programme concerned.
- Take the initiative in contacting lecturers and students during the online lessons. In this way, you will make the lessons lively and keep your connection with the teachers and students.
- 9 Pay attention to each other!
- Put things into perspective. Everyone is in the same situation and a lot of beautiful new creative things are happening.



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