



All around study guide

Eindhoven

Welcome at Fontys University of Applied Sciences.

This guide gives you information about living in the Netherlands and studying at Fontys. We hope you soon feel at home and that you will learn that Fontys is multicultural and multicoloured; students from practically all countries in the world study here. Therefore, as a student entering an English-taught programme, you will interact with many other nationalities. You will start your international network at an early stage in life.

Enjoy your stay!



Living and study in Eindhoven



Before departure

Enrolment

Fontys International Office will send you an enrolment form. Please read the instructions carefully and submit the form and needed documents as soon as possible. Without the documents we cannot finalize the enrolment process!

Accommodation

Fontys does not have its own accommodation, but acts as a mediator between the student and the landlord/housing agency. An accommodation form will be sent to you, either enclosed with the enrolment forms if you are a degree student or if you are an exchange student, it will be sent to you by Fontys International Office. By returning this form and accepting the conditions Fontys will arrange your housing and send you a confirmation. When you have arranged accommodation by Fontys you will receive information details, like collecting your keys, address and what you need to bring from the housing agency or landlord.

If you have not received it 1 week before your departure to the Netherlands please contact internationalstudents@fontys.nl

Insurance

Which health insurance is applicable to you, depends on your nationality, age, nature of residence, whether you have an additional job, etc.

For more profound information on the subject, check www.nuffic.nl

Important note: Fontys wants its students to be properly insured. Therefore, check if your insurance at least meets the following Fontys standards:

- Medical costs: the insurance has to cover 100% of the tariffs of the country in question.
- Repatriation: the insurance has to cover the costs of repatriation.
- Liability: the insurance has to cover at least € 1,250,000 per event.

To make your choice visit the websites:

www.ace-ips-nl.com

www.myaon.nl/students

Passport and visa

To enter the Netherlands you need a valid passport.

All students from non EU/EEA countries, except nationals from Australia, Canada, Japan, New Zealand, United States and South Korea, need an MVV before coming to the Netherlands to study. This MVV is the document you need to enter the Netherlands and stay here up to 90 days.

The requirements are not completely the same for all nationalities so it is important to read through the information you will be given by Fontys International Office.

It is not possible to start this procedure yourself. So please visit our website www.fontys.edu for the visa procedure.



You will need to meet some standard requirements:

- You may not actually be in the Netherlands when you start the application.
- We need a statement of acceptance from Fontys.
- Proof of health insurance for your stay in the Netherlands
- There are language requirements you need to meet
- You must have a valid passport
- Take with you a legalized (and sometimes certified) birth certificate
- You must have sufficient funds to support yourself (± € 9.600 a year)
- The costs of this visa and the residence permit (for one year) are € 438 which you need to pay before we start the procedure.

Practical information

Practical items to bring with you

The following suggestions are for items that may be useful on your arrival in the Netherlands. Of course this may vary depending on your personal needs.

- Basic clothing, personal items (don't forget a raincoat and an umbrella)
- (follow the instructions in chapter 3.3 to find your embassy)
- Passport photos (5 to 10 photos should be sufficient, size 35 mm x 45 mm (wxh))
- Medical records

What to have on hand on arrival in the Netherlands

- Passport (plus MVV sticker for students from countries that require visa)
- Sufficient funds for the costs you will incur during your first month. You will have to pay accommodation plus deposit, living expenses
- Written confirmation of admission at Fontys
- Proof of (health)insurance
- Important addresses and telephone numbers (e.g. numbers for Fontys, International Office, accommodation, your embassy etc.)



Arrival in the Netherlands

Some Fontys Institutions will arrange a pick-up service for international students to guide you to your accommodation. The Institution will inform you. Fontys International Office will arrange some fixed arrival dates to help you arrange all kinds of formalities, like registering at the municipality, opening a bankaccount, medical tests etc. Information about these dates will be send to you by International Office. If you have any questions please mail internationalstudents@fontys.nl.

Arriving at the airport

When travelling from far, your point of arrival in the Netherlands will most likely be either Amsterdam Schiphol Airport or Eindhoven Airport. When you show your passport to the immigration officers, you might be asked why you have come to Holland and also whether you have enough money to cover your costs here plus your return ticket. You will avoid delays if you have all your papers at hand: your passport (+MVV if applicable) and documents indicating your official acceptance by Fontys as a student.

- **Arrival at Schiphol Airport**
After you arrive at Schiphol Airport in Amsterdam, the best way to continue on to Tilburg is to take a train. Schiphol is very well signposted, and train connections are easy to make from the airport.

From Schiphol you catch the train to **Eindhoven**.

A train ticket and any specific information you need is available from the train ticket service. Travelling time by intercity from Schiphol to Tilburg is about 90 minutes.

Schiphol's web address is www.schiphol.nl. Departure and arrival time schedules are available in English. For trains you can check the website www.ns.nl

You can also take a taxi but this will be expensive. For information you can check the website www.taxi2airport.nl.

- **Arrival at Eindhoven Airport**
Airport info desk phone: +31(0)40 2919818 or www.eindhovenairport.nl. This site also provides departure and arrival time schedules in English.
After your arrival at Eindhoven Airport, there are several ways to get to your accommodation, Fontys or to Eindhoven Central Station. From Eindhoven Central Railway station you can catch a train to Tilburg or Venlo.

From Eindhoven Central Station to Fontys or to your accommodation

You can travel from the Central Station by bus or by taxi. Please read the information about public transportation.



Public Transportation

Travelling with the “OV-Chipkaart”

The OV-chipkaart is the means of payment for the public transport system. The smart card is the size of a bank card and contains an invisible chip. The OV-chipkaart can be loaded with credit in euros with which you can travel anywhere within The Netherlands, or with a travel product such as a single or season ticket.

When arriving in the Netherlands and planning to use public transportation go to a counter of public transport companies, the vending machine at the station, or to a tobacco and convenience store.

There are two types OV-cards you can use:

- Anonymous OV chipkaart
- Disposable card

For more information about the OV-Chipkaart, download the [brochure](#).

Train

Holland has a modern and extensive railway network. Intercity trains run regularly between the cities. Local trains also stop at intermediate stations.

Most trains offer a choice between first and second class. No reservations may be made for seats on the regular trains. Tickets are available at the ticket machines at the stations or at the internet. Do inquire after special offers. The train stations are centrally located. Visit the website of the [Nederlandse Spoorwegen](#) (Netherlands Railways) for extensive information on departure times and fares, or call OV traveler's information on 0900-9292 (EUR 0.70 per minute, from within Holland only).

Bus

Outlying villages are all linked by bus. Each larger town and city also has its own extensive bus and/or tram network, offering a regular service. Express bus services and the Interliner buses are comfortable alternatives for the train for inter-city travel. There are no separate classes in the buses and trams. (Only Amsterdam and Rotterdam have subway systems, and they are small). The central bus station is next to the Central Railway Station. Local and regional buses leave from this station.

Bike

Fact is, Holland is a perfect country for cycling, and counts more bicycles than people. More than 20,000 kilometers of cycle paths are waiting for you throughout the country, and in the rare spots that lack cycle paths, drivers are very aware of cyclists. The mandatory cycle paths are indicated by a blue sign with a white bike.

The flatness of the country, the mild climate, the short distances and the wonderful infrastructure make biking in Holland not just practical, but great fun indeed! The fact that a person rides a bicycle is not taken as a sign of relative poverty. In fact, social status has nothing to do with it; there are even Members of Parliament who go to work by bicycle. Some people who ride bicycles look too old to walk unassisted; you see women cycling with one child on the handlebars, one child on the back, and shopping bags hanging from the sides. You see well-dressed businessmen with their attaché cases strapped to their bikes; and on Sundays you see families out just for the pleasure of cycling, each parent with a hand resting on the shoulder of a little one who is just learning to master this very Dutch form of transportation.

Please note that it is illegal to ride a bike at night without working lights.

Many people use a bicycle and then a train to get to work, as you can see from the large numbers of bicycles parked at smaller stations. (The larger stations have special bicycle parking garages.)



A new bicycle costs between € 150 and € 500 but second-hand bikes are quite readily available for a fraction of that price (starting at € 60). Ask someone at the University to suggest a shop, or enquire at the bicycle parking garage at the railway station (“fietsenstalling”). In fact it is better not to spend too much money on a bicycle. The incidence of violent crime in the Netherlands is low. But two kinds of theft are especially common in the cities: stealing radios out of cars, and stealing bicycles. So when you buy your bicycle, you should also buy a heavy duty lock or chain to go with it. Some people fix their bicycles to an immovable object with a steel chain to prevent theft. In Tilburg centre all the guarded parking places for bicycles are for free!

Car

You will find that it is not necessary to have a car to get around in the Netherlands, because the public transport network extends to every remote corner. Check if your licence is valid here in the Netherlands and make sure you are insured properly!

Make sure you are well informed about our traffic rules and paperwork and rules to own a car. Second hand cars are also advertised on the Internet and in the newspapers. All cars must have a sticker saying that they have passed an annual inspection, so if you buy an older car you should be aware that this could be a source of unforeseen costs. The car itself may be cheap, but it may cost you a small fortune to get it into the right shape to pass the inspection. Also without the sticker, your insurance does not cover you in case of an accident and if the police notice you don't have the sticker they can confiscate your car. Other costs of running a car that you must take into account are road tax, liability insurance (which is mandatory), of course expensive petrol and parking costs in the city centre. Dutch drivers are not very laid back.

The most unexpected traffic rule is that all traffic coming from the right has the right of way. This is true even if a car is turning out of a small side street, unless there are signs to indicate otherwise. Even a bicycle has right of way, but pedestrians do not. Cars must stop for pedestrians on a zebra crossing or when the car is turning right, but even then be pedestrians should be careful. Also be especially careful when riding a bike, as some drivers can make strange unexpected turns at crossings.



Fontys University of Applied Sciences

Fontys welcome day

Starting each semester Fontys organizes a welcome day for all our international students starting their study or their exchange study at Fontys. You will receive an invitation for this day and we hope we will meet you there!

Fontys

The name 'Fontys' is derived from the Latin word 'Fons' which means 'source'. Fontys aspires to be a dynamic source of knowledge, development, innovation and inspiration.

Fontys University of Applied Sciences is a well-known name in education, not only in the Netherlands, but also in many other parts of the world. Fontys is the second largest institute for higher education in the Netherlands

Almost all higher professional education programmes at Bachelor's level available in the Netherlands can be followed at Fontys University of Applied Sciences.

You can read about the study programmes on offer on www.fontys.edu

- **Teaching locations**
The programmes are offered at one of 22 locations in the Netherlands, concentrated primarily in the southern part of the country. Major campuses are located in **Eindhoven**, Tilburg, Venlo, Sittard. Smaller establishments are to be found in Rotterdam, Veghel, Amsterdam and 's-Hertogenbosch.
- **Large and small**
Classes are held in the informal, small-scale environment of the various Fontys Schools. As a result, there is a lot of attention focused on personal development. At the same time students profit from the huge diversity offered by Fontys University of Applied Sciences as a whole.
- **Practical orientation**
Teaching is geared to take into account developments in society and in the labour market. The programmes are highly practice-oriented. Traineeships and practical assignments ensure that students are able to make a full contribution to any business or institution in only a short time after graduation.



Student Facilities

Fontys Student Facilities Department

The Fontys Student Facilities Department supports, assists and supervises students outside their actual course of studies, and all in a customer-friendly, independent manner, for the whole of the Fontys organization. The Student Facilities Department offers advice and support in financial affairs, course-related matters, practical matters, and student associations. It supervises during your course of studies and provides information about events related to the study process.

Facility departments:

Student Counselling Office & Student Psychologist & Student Career Centre

Fontys International Office

There are International Offices at the three main locations (Eindhoven, Tilburg and Venlo). Foreign students can go to, or contact these offices e.g. when they need assistance in applying for visa and help in finding accommodation. Fontys students who want to go abroad for study or traineeships will have to visit International Office for information about scholarships, and other profound information concerning a stay abroad. More information at the website www.fontys.nl/fio

Contact person sexual harassment

The Dutch law requires that each school, including Fontys, has regulations for processing complaints concerning sexual harassment. At fontys we have 8 contactpersons at different locations, specially entrusted with handling complaints regarding sexual harassment. They will listen to your complaint and help you find a solution. This is of course strictly confidential. They will only take action if they have your approval. For getting in touch send an email to vertrouwenspersonen@fontys.nl

Centre for Languages and Communication

The Centre for Languages and Communication offers language courses to students and staff members. In addition, the Centre for Languages and Communication offers facilities to students who independently pursue a language course. Further information about duration, content and cost of language courses and other activities can be obtained by sending an email to talencentrum@fontys.nl

Study Hall and Media Library (mediatheek)

Fontys Eindhoven enables you to accumulate knowledge in your specific field of study. This can be done in all sorts of ways in the so-called “mediatheek” or media library. This “mediatheek” is a teaching facility where you can consult or borrow a wide range of information sources and materials (such as books, reports, videos and CD-ROM’s). In addition, this system allows you to process the information you obtain immediately. It is also possible to peruse the catalogues of other institutes, e.g. of the University of Tilburg. In addition, literature may be found on the Internet in national and international databases and various CD-ROM files. You can always be assured of expert support when searching these files.

Photocopying / Reproduction and Printing

Students may make use of copiers in every building as well as in the documentation centre (mediatheek). Also all computers at Fontys are connected to a printer. You may often need to print out your computer work. You will need your student pay-card to make photocopies or prints. This card can be upgraded in special machines.



Sports Facilities

Students at Fontys Eindhoven can buy a sports card for ± 60 Euro. They may make use of the sports facilities of the Eindhoven University of Technology's sports centre. This centre offers students many sports classes and facilities such as swimming, fitness and squash. Registration is at the Sports Centre's info desk, which is at the main entrance of the Centre. You will need your student ID and the fee. The location of these sports facilities is Onze Lieve Vrouwestraat 1, Eindhoven. For more info on sports activities at the Sports Centre visit [Technische Universiteit Eindhoven: Studentensportcentrum](#)

Cafeteria

There are restaurants to be found in each building (except for R5). Where they serve hot and cold snacks/lunches and dinners. Some snacks and drinks can be obtained from the vending machines. The cafeterias are used for student meetings, coffee or lunch breaks (Smoking is not allowed). You can also go to Café 040 for food and drinks.

Fontys House Rules

Absence

If you are unable to attend lectures or practical sessions due to illness or other circumstances beyond your control, you are expected to report this to the secretariat of your English programme (see chapter 11: additional information and important telephone numbers). If you are unable to attend exams, you are expected to report this and bring official medical confirmation of your condition with you on your return.

Bicycle Shed

There are several bicycle sheds on the Fontys Eindhoven grounds. Surveillance cameras are in use at all bike sheds.

Food and Drink

Eating and drinking in classrooms and practice rooms, in corridors, elevators, and computer facilities and in the multimedia centre is forbidden. It is however allowed in offices and of course in the restaurant/cafeteria. Don't spread leftovers and mugs around the building, but clear up as much litter as you can. In the summer you can spend lunchtime outside. But here again: don't leave litter. This saves the janitors a lot of work and your fellow-students and the staff a lot of irritation.

Lockers

There are lockers in most buildings. You can store your coat, helmet, books and school materials in them. You will find these lockers in several places in the building. You may apply for a locker at the "sleutelbeheer", Building R5, room 0.04. There will be a fee and a deposit.

Parking

The car park is intended for staff members and students. Motorbike riders should park their motorbikes in the bicycle shed. In case of illegal parking, Fontys Eindhoven Security is authorised to use a wheel clamp.

Smoking

Smoking is not allowed in the school buildings. Directly outside the building there are areas where you are allowed to smoke



Student Associations

There are many student organisations that might appeal to you during your time at Fontys. Inform at School or with other students. Some of the student organisations are 'real' social clubs, while others place more emphasis on culture. Note that the associations are not necessarily linked to Fontys

FISA

Fontys International Students Association was established in 2005. It is an association where all international students of Fontys can meet each other. FISA works closely with both Fontys International Office and the Fontys Student Centre, to ensure that the welfare and rights of international students at Fontys are met. It also organizes social gatherings and educational activities. Check the FISA website for more information about the organisation, life in the Netherlands, news and events and to join the FISA mailing list: www.fisa-online.nl.

FOMAS

Fomas, Fontys Marketing Association is the student union of Fontys School of Marketing Management. Fomas aims to bring students, teachers and companies closer together. To accomplish this, Fomas organizes many different activities in co-operation with teachers and the business community. There are formal activities, such as the annual Fomas congress, various workshops and company visits. There are of course also informal activities, such as the Wilhelmina Fomas drinks meeting at the end of every semester, the Christmas party, which is organised especially for IBMS students and a Christmas party for all Marketing Management students.

All the activities are organised by an enthusiastic group of Fomas members.

Fomas is a student union that will provide you with an interesting and enjoyable supplementary programme. Fomas is for the students who want to do more than only study. If you are interested, contact Fomas at www.fomas.nl, or visit their room on the 3rd floor R4, room number 3.43.

Overflow (CIS)

Overflow is a Fontys student organisation for Information Technology students. Overflow has a small sub-committee called CIS or Committee for International Students, which handles the affairs of international students studying in the Information Technology department.

Overflow arranges different activities for its students, including mainly leisure activities aimed at integrating international students with Dutch students. In the past they have arranged activities such as football tournaments and movie evenings.

E-mail: info@overflow.nl homepage: www.overflow.nl

Other Student Associations

Eindhoven has several student associations for international students at Fontys University of Applied Sciences and Eindhoven University of Technology. (TUE) Some of these are 'real' social clubs, while others place more emphasis on culture. Note that the associations are not necessarily linked to Fontys.

AEGEE-Eindhoven

AEGEE takes its name from one of the birthplaces of democracy, the Aegean Sea, and the first parliament at the dawn of the French Revolution, *Les Etats Généraux*. AEGEE is one of Europe's largest interdisciplinary student associations, which promotes a unified Europe, cross-border co-operation, communication, integration among students and strives to create an open and tolerant society of tomorrow. AEGEE is a voluntary, non-profit organisation that operates with no links to any political party. It is represented in 260 university cities, in 40 countries all around Europe and has about 17 000 members.

For more info on AEGEE-Eindhoven visit <http://www.aegEE.tue.nl/> or send an e-mail to: board@aegEE.tue.nl

4u2

4u2 is a small part of IFES (a Christian international student organisation). IFES is active in more than 140 countries and has over 300,000 members. So the 4u2 team has a Christian background, but you don't need to be a Christian to be welcome at the 4u2 activities. Students from various cultures with different backgrounds and religions meet at 4u2. Because 4u2 is for all international students 4u2 is there for you too. To make you feel at home. Find more info about 4u2 at: www.4u2.dse.nl

7.3 Student Church

De Eindhovense Studentenkerk (ESK) (Eindhoven Student Church) is a meeting place and workshop for people who wish to shape to their own life and share responsibility for society, based on the gospel. People with different religious backgrounds attend the church. ESK focuses on students and staff at the University of Technology and Fontys University of Applied Sciences in Eindhoven. The student chapel is situated on the corner of Kanaalstraat and Nachtegaallaan in the city centre, phone: 040 247 26 27, www.tue.nl/esk/



Living in Eindhoven

The Netherlands

The Netherlands is not a large country. It takes about half a day to travel from Groningen (in the north) to Maastricht (in the south), by train. Because one-quarter of Holland is below sea level it is good to know that the excellent and famous Delta works keep the sea at a safe distance. The population of the Netherlands is expected to increase to 18 million in 2050. Holland's living area is smaller than 40,000 km². This gives us the relatively high average of 475 people per square kilometre.

Climate

Cool summers and mild winters. The average temperature in the summer is 16.6° C and in winter 2.8° C. This is typical of the maritime climate one would predict for Holland after looking at a map and seeing its position with respect to the North Sea.

More about the Netherlands

For more information about the Netherlands is to be found at the official website of Holland www.holland.com.

Living in Eindhoven

Eindhoven is different from other towns, both in the Netherlands and abroad. It's a city that has to be discovered before you can truly appreciate it. One distinguishing fact is that in only a century, Eindhoven has grown from a small agricultural town with only 5,000 inhabitants to the fifth largest city in The Netherlands with a current population of about 210,000. Today, Eindhoven is the centre of the south eastern part of the Noord-Brabant province, where more than 650,000 people live and work.

Please check www.eindhoven.eu. Here you can find all kinds of information about Eindhoven concerning e.g. study and education, city life, events, leisure, sports, etc.

Money

According to the Economist Intelligence Unit (EIU), the Netherlands is not an expensive place to live compared to other countries world-wide.

The Dutch currency unit is the euro (which is abbreviated to €). One euro is worth a hundred eurocents.

Managing your Finances

At one of the fixed arrival dates you also will receive information about opening a Dutch account. Because not all bank machines accept cards from other countries and, due to occasional computer glitches, you may not always be able to withdraw money from the account of your home bank. Therefore it is a good idea not to be dependent on your home bank account and to open a bank account in the Netherlands, especially if you are planning to stay here for longer than 5 or 6 months.



Post Office and Telephones

Post offices are a good place to make long-distance telephone calls if you do not have your own telephone. You can go to the main Post Office Eindhoven, Vestdijk 34. The problem, of course, is that long-distance calls are cheaper during hours that the post office is closed: between 6 p.m. and 7 a.m., and on Saturdays, Sundays and public holidays.

Telephone booths are rare but you can find them on the street and in railway stations and other public places. Some public telephones take coins, in most you insert a magnetic card which you can buy at the post office. The cost of the call is automatically deducted from the card. These cards are especially convenient for long-distance calls. Quite often it is cheaper for people to ring you in the Netherlands rather than for you to ring home. It is easier and cheaper to use your computer to call home.

Mail

Another way of communicating is of course by mail. The red letterboxes you see on street corners have two slots. The one on the right is for local mail (check the zip code), and the one on the left is for everywhere else (check the zip code), in the Netherlands and abroad.

Shopping

Depending on where you live, you will buy your daily groceries either in a supermarket like ALDI, Lidl, Albert Heijn, EDAH, Basismarkt, Konmar, C1000, or at the weekly open market. Note that the general ranking of the markets is: Aldi and Lidl are the cheapest ones, Albert Heijn is the most expensive and the others are average. This ranking is approximate, you will still find products that have the same price in all the supermarkets, and products of similar quality but different prices in different supermarkets.

Stores for clothing and home facilities

Almost all stores are closed on Sundays and many on Monday mornings as well. In general the shops are open from 09:00 to 18:00 on the other days. Most stores post a small yellow and black card in their windows indicating opening times. In Eindhoven the stores stay open until 21:00 on Fridays. On Sundays and public holidays all food shops are closed, so be careful not to get caught out without any food in the house. Some Sundays the stores in Eindhoven are opened from 12:00 to 17:00 hrs. ('koopzondag').

Market

On one or more days of the week there will be an open air market not too far from where you live. You can save yourself a lot of money on food if you shop at this market, although you will need to keep an eye on the quality of the products.

Larger open air markets also sell clothing, cosmetics, fabrics, groceries and other items. Again, there are excellent bargains to be found, but quality can vary.

General shopping tips

- Bargaining is not customary; with very few exceptions you are expected to pay the price that is marked.
- Be sure to take a shopping bag with you; even in the supermarkets you are expected to pack your own groceries.
- The Dutch do not queue, as you will soon notice. You must learn the art of gently but firmly getting into the bus or train, for example. You must also learn the art of getting served in a shop. If there is no system by which the customers draw numbers, you are expected to keep track of who was waiting before you. This takes practice (and patience). If a fellow customer starts glaring at you it is probably because you unwittingly spoke up before it was your turn. On the other hand, he or she could be bluffing, so do not be afraid to glare back if you are sure you were there first.



Going out to dinner

There is a large number of restaurants and cafés in Eindhoven. It is not difficult to find a restaurant where you can eat a tasty and filling meal for a reasonable price.

Cafés

Eindhoven has a host of cafés. Most places of entertainment are to be found at the Markt, Stratumseind, Dommelstraat and Wilhelminaplein. In some pubs you can also have a nice meal for 7 or 15 euros.

Recreation and Culture

Catching a movie, enjoying the nightlife, a pop-concert, visiting museums or going to the theatre you will read more about the great number of possibilities can be found in the city guide Eindhoven which you will receive at our welcome day.

Health care

The general practitioner (doctor in Dutch is 'huisarts') gives full medical assistance according to the norms set for the practice of medicine by doctors in the Netherlands. We strongly recommend you register with a GP in your neighbourhood on your arrival in the Netherlands.

If you need a general practitioner the most practical thing to do is visit the GP who lives as close to your home address as possible.

More and more general practitioners co-operate in health care centres (in Dutch: 'gezondheidscentra', GC). Eindhoven is divided into districts which all have a health care centre. In the enclosed list all health care centres are listed per districts:

GC De Parade	Ds. Th. Fliednerstraat 1, 5631 BM Eindhoven	040 242 59 03
GC Gestel	Bennekelstraat 131, 5654 DD Eindhoven,	06 43 16 83 29
GC Strijp	Tilburgseweg West 100, 5652 NP Eindhoven	040 251 39 11
GC Tongelre	Ceramlaan 12, 5641 GD Eindhoven	040 290 96 38
GC Woensel	Winkelcentrum Woensel 83d, 5625 AE Eindhoven	040 264 60 21
GC Meerhoven	Sliffertsestraat 25, 5657 AL Eindhoven	040 250 99 05
GC Josephlaan	St. Josephlaan 53, 5642 HA Eindhoven	040 213 31 31
GC Prinsejagt	Fakkellaan 7, 5624 EA Eindhoven	040 244 38 23
GC Orion	Orionstraat 3, 5632 DA Eindhoven	040 242 63 11
GC Stratum	Thomas à Kempislaan 21, 5643 NR Eindhoven	040 750 75 07

Consultations with a doctor are not free and the same goes for the student doctor. Do not forget to bring along your health insurance card.

Location: 'Studentenhuisarts', V.J.G.M. de Kort, Weverstraat 1, phone: 040 243 82 15

Hospitals

Eindhoven and the Eindhoven region has a number of hospitals (in Dutch: 'ziekenhuis'):

- Catharinaziekenhuis, Michelangelolaan 2, phone: 040 239 91 11
- Máxima Medisch Centrum, location Eindhoven (Diaconessenhuis), Ds. Th. Fliednerstraat 1, phone: 040 888 80 00
- Máxima Medisch Centrum, location Veldhoven (Sint Joseph Ziekenhuis), De Run 4600, Veld Eindhoven has a special dentist's practice for students (in Dutch: 'studententandarts'). One can make an appointment with the dentist (tandarts) by telephone between 09.00 and 10.00 hrs. Please check whether you are properly insured, because no free service is available.

Student dentist

Eindhoven has a special dentist's practice for students (in Dutch: 'studententandarts'). One can make an appointment with the dentist (tandarts) by telephone between 09.00 and 10.00 hrs. Please check whether you are properly insured, because no free service is available.

Pharmacies

Medicines prescribed by a doctor can be picked up at one of the pharmacies in Tilburg (in Dutch: 'apotheek'). The pharmacies are open from 08.30 to 17.30 hrs on workdays. Outside these hours you can phone 0900 2357323(but only when very urgent) which gives information on where to get medicine in the evening, at night or during the weekends.



Contact

Fontys International Office

Team international students

Visiting address:

Rachelsmolen 1, building R4 room 0.96 Eindhoven

Postal address:

Posbox 347

5600 AH Eindhoven

Email: internationalstudents@fontys.nl

www.fontys.edu



All information in this guide is subject to change, prices are approximate, Fontys cannot be held responsible for changes.